

# RING SIZE FINDER

1 inch - 25mm

---

## INSTRUCTIONS

1. Print this page with printer scale set to 100%.
  2. Make sure the page printed properly by checking the one inch (25mm) line in the top corner.
- 

## FINGER METHOD

1. Find a piece of non-stretchy string about 6" long, or a strip of paper about 6" long and 1/4" wide.
2. Wrap it snugly around the base of your finger or, for a midi ring, where you would like the ring to sit.
3. Using a pen, mark the point on the string or paper where it overlaps, forming a complete circle.
4. Compare the length of the string or paper to the lines on the paper below to determine your ring size.  
If you are between sizes, order the larger size or a half size up.

Fingers can change size during the day. Measure your finger in warm temperatures at the end of the day.

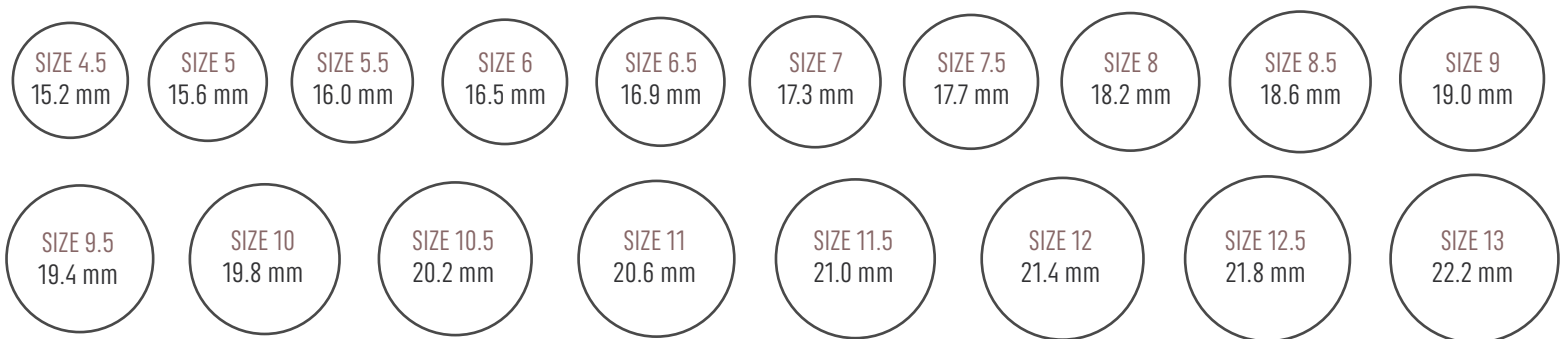
If your knuckle is a lot larger than the base of your finger, measure both the base of your finger and your knuckle and select a size between the two.



## RING METHOD

This is the best method to use when buying a ring as a gift or when trying to match the size of a ring you already own.

1. Find a ring that fits the finger you want your new ring to fit (for a gift, borrow a ring from the intended recipient).
2. Place the ring over the circle making sure that the inside of the ring lines up with the outside of the circle. If you are between sizes, order the larger size.



## OTHER TIPS AND INFORMATION

- To ensure a comfortable fit on a wider band (above 3mm) move up a size.
- The sizes listed are standard American sizes. Different countries may use other sizing scales.
- The average woman's ring size is about 6. The average man's ring size is about 10.
- Your dominant hand is usually about a half size larger than your non-dominant hand.